

# Long Island Health Collaborative Community Member Survey Summary of Findings

### Methodology:

Surveys were distributed by paper and electronically, through Survey Monkey, to community members. The electronic version placed rules on certain questions; for questions 1-5 an individual could select three choices, and each question was mandatory. For question 6, individuals could choose as many responses as they'd like. Although the rules were written on the paper survey, people often did not follow them. On January 25, 2022, we downloaded the surveys from Survey Monkey. Data collected includes January - December 2021. We needed to add weights to the surveys which did not follow the rules - for each of the questions that had more than three responses. The weight for each response was 3/x, where x is the count of responses. No weight was applied to questions with less than three responses because they had the option to select more and chose not to do so. With the weight determined, we applied the formula to the data and then added the remaining surveys to the spreadsheet.

### **Analysis Results:**

### 1. When asked: What are the biggest ongoing health concerns in THE COMMUNITY WHERE YOU LIVE?

Jan-Dec 2021 Rank	Suffolk County	Percentage	Nassau County	Percentage
1	Cancer	35.07%	Cancer	37.14%
2	Drugs & Alcohol Abuse	31.15%	Heart Disease & Stroke	34.41%
3	Mental Health Depression/Suicide	30.40%	Drugs & Alcohol Abuse	25.68%
4	Obesity/Weight Loss Issues	19.49%	Mental Health Depression/Suicide	24.70%
5	Vaccine Preventable Diseases	17.67%	Diabetes	24.02%
	<b>Sum of Column Percentages</b>	133.78%		145.96%

#### 2. When asked: What are the biggest ongoing health concerns for YOURSELF?

Jan-Dec				
2021 Rank	Suffolk County	Percentage	Nassau County	Percentage
1	Cancer	27.70%	Heart Disease & Stroke	34.81%
2	Mental Health Depression/Suicide	25.53%	Women's Health & Wellness	34.01%
3	Heart Disease & Stroke	22.98%	Cancer	23.54%
4	Women's Health & Wellness	22.80%	Obesity/Weight Loss Issues	22.23%
5	Obesity/Weight Loss Issues	22.55%	Diabetes	20.05%
	Sum of Column Percentages	121.55%		134.65%

Jan-Dec 2021				
Rank	Suffolk County	Percentage	Nassau County	Percentage
	Fear (e.g. not ready to face/discuss			
1	health problem; immigration status)	30.76%	There are no Barriers	27.70%
2	Unable to Pay Co-pays/Deductibles	30.36%	No Insurance	26.94%
			Fear (e.g. not ready to face/discuss	
3	No Insurance	28.85%	health problem; immigration status)	26.00%
4	Don't Understand Need to See a Doctor	25.03%	Unable to Pay Co-pays/Deductibles	23.42%
5	There are no Barriers	16.81%	Transportation	13.32%
	Sum of Column Percentages	131.81%		117.37%

3. When asked: What prevents you and your family from getting medical treatment?

4. When asked: Which is MOST needed to improve the health of your community?

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Jan-Dec				
2021 Rank	Suffolk County	Percentage	Nassau County	Percentage
1	Mental Health Services	33.58%	Mental Health Services	32.78%
2	Healthier Food Choices	28.67%	Clean Air & Water	30.53%
3	Clean Air & Water	23.37%	Healthier Food Choices	29.64%
	Drug & Alcohol Rehabilitation		Drug & Alcohol Rehabilitation	
4	Services	22.32%	Services	22.03%
5	Job Opportunities	17.30%	Job Opportunities	18.38%
	Sum of Column Percentages	125.24%		133.36%

## 5. When asked: What health screenings or education/information services are needed in your community?

Jan-Dec				
2021 Rank	Suffolk County	Percentage	Nassau County	Percentage
1	Mental Health/Depression	23.83%	Blood Pressure	24.31%
2	Cancer	21.01%	Mental Health/Depression	22.81%
3	Drug & Alcohol	17.42%	Cholesterol	20.62%
	Importance of Routine Well Check			
4	Ups	16.58%	Cancer	17.66%
			Importance of Routine Well Check	
5	Blood Pressure	15.07%	Ups	16.12%
	Sum of Column Percentages	93.90%		101.52%

6. Finally, when asked: Where do you and your family get most of your health information?

Jan-Dec				
2021 Rank	Suffolk County	Percentage	Nassau County	Percentage
1	Doctor/Health Professional	84.71%	Doctor/Health Professional	80.75%
2	Family or Friends	35.90%	Internet	40.85%
3	Internet	32.39%	Family or Friends	30.52%
4	Social Media (Facebook, Twitter, etc.)	20.72%	Television	20.66%
5	Television	18.35%	Newspaper/Magazines	19.72%
	Sum of Column Percentages	192.07%		192.49%

1143 surveys were collected between January 1<sup>st</sup> and December 31<sup>st</sup>, 2021. There were 213 respondents for Nassau, 883 for Suffolk.

For a full version of the spreadsheet that includes interactive tables to analyze results based on demographic factors you can visit: https://www.lihealthcollab.org/data-resources.aspx

### **About the Long Island Health Collaborative**

The Long Island Health Collaborative is a partnership of Long Island's hospitals, county health departments, physicians, health providers, community-based health and social service organizations, human service organizations, academic institutions, health plans, local government, and the business sector, all engaged in improving the health of Long Islanders. The initiatives of the LIHC are overseen by the Nassau-Suffolk Hospital Council.